

Dundee Carers Centre Referral Form

Referrals can also be taken over the phone during office hours on 01382 200422

Full name of person being referred			
Full Address (include postcode)			
Email address			
Home telephone No		Mobile number	
Date of birth		Gender	
GP Name and Address (include postcode)		GP Contact Number	

If the person being referred is under 16 years or under 18 years and still living at home, please provide the following information:

Name of parent/guardian		Telephone no of parent/guardian	
Who does the young person care/help to care for?		Illness/disability of the cared for person?	
School the young person attends		Is the young person aware of referral?	

- How does the person being referred feel they are coping with their caring role?

Coping well *Just managing* *Really struggling* *At crisis point*

At point of referral what level of support is required? – **Adult Services Use Only**

1 - 2 - 3 - 4 - 5 -

(1 = Mailing List, 2 = Outings/Events, 3 = Groups, 4 = 1:1 Support (Fortnightly), 5 = 1:1 Support Weekly)

- Please indicate which service you are referring to:

Adult carers support team
UPBEET Project (15-30)
Young Carers Project (8-15)

Minority Ethnic service
Direct payments support service
Short Breaks service
Welfare rights service

- What support would they benefit from? (*Further information can be found on page 4*)

<i>1:1 support</i>	<input type="checkbox"/>	<i>Break from caring role (respite)</i>	<input type="checkbox"/>
<i>Help finding work</i>	<input type="checkbox"/>	<i>Help accessing other services</i>	<input type="checkbox"/>
<i>Help accessing training/accreditation</i>	<input type="checkbox"/>	<i>Groups, outing and events</i>	<input type="checkbox"/>
<i>Direct Payments</i>	<input type="checkbox"/>	<i>Counselling (carers aged 16 & over)</i>	<input type="checkbox"/>
<i>Benefits check</i>	<input type="checkbox"/>	<i>Short Breaks</i>	<input type="checkbox"/>

- Please tell us why you are referring this person to Dundee Carers Centre, including a brief description of the person’s caring role:

- Are there any other agencies currently involved with the family? Please give details:

Are there any specific issues/risks we need to be aware of relating to home visits such as pets, access issues, smokers, etc. Please give details:

- When is the best time for the person to be contacted? i.e. mornings only, specific days of the week (*office hours are: Monday-Friday, 9am-4:45pm*)

- **Welfare rights support only**; when is the deadline for completion of forms?

- What is the ethnic origin of the person being referred?

<i>African, African Scottish or African British</i>	<input type="checkbox"/>	<i>Gypsy/Traveller</i>	<input type="checkbox"/>
<i>Arab</i>	<input type="checkbox"/>	<i>Indian, Indian Scottish or Indian British</i>	<input type="checkbox"/>
<i>Bangladeshi, Bangladeshi Scottish or Bangladeshi British</i>	<input type="checkbox"/>	<i>Pakistani, Pakistani Scottish or Pakistani British</i>	<input type="checkbox"/>
<i>Bengali, Bengali Scottish or Bengali British</i>	<input type="checkbox"/>	<i>Polish/Eastern European</i>	<input type="checkbox"/>
<i>Black, Black British or Scottish</i>	<input type="checkbox"/>	<i>White British, Scottish, English, Welsh, Northern Irish, or other part of the UK</i>	<input type="checkbox"/>
<i>Caribbean, Caribbean Scottish or British</i>	<input type="checkbox"/>	<i>Other ethnic group</i>	<input type="checkbox"/>
<i>Chinese, Chinese Scottish or Chinese British</i>	<input type="checkbox"/>	<i>Other White</i>	<input type="checkbox"/>

How did you find out about Dundee Carers Centre?	
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Referrer information:

Name		Address	
Job title		Agency/other	
Telephone number		Email address	
Date of referral		Would you like to be added to our mailing list?	

We will treat your information in the strictest confidence, in line with Data Protection Regulations.

Once completed return to:

Office use: Date of receipt stamp

**Dundee Carers Centre
Seagate House
132-134 Seagate
Dundee
DD1 2HB
01382 200422**

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Or email to: centre@dundecarerscentre.org.uk

Additional information can also be found at:
www.dundecarerscentre.org.uk



Additional information:

Who is a carer? A carer is someone who provides unpaid care and support to a partner, child, parent, other family member or friend who could not manage without their help. This could be due to age, disability, physical or mental illness or addiction.

Anyone can be a carer and we work with carers aged 8 and above.

Information about Dundee Carers Centre:

Adult carers support team -The adult carers support team provides support to carers through one to one work and group activities. We provide a range of services: practical and emotional support; access to other statutory and voluntary organisations; access to other services within the centre; a variety of groups, alternative therapies and social events; training sessions; peer support; support in bereavement and through transitions; counselling and befriending.

UPBEET Project - The UPBEET project helps young adult carers aged 15-30 years to access confidential information and support in a range of areas. This includes personal development work, raising confidence and self esteem, assessing entitlement to benefits and improving CV/interview skills. We also help young adult carers to access flexible opportunities for combining education, training, or employment with their caring role.

Young Carers Project - The YCP offers a range of services and support to young carers aged 8-16 and their families. This includes: 1:1 support (ages 8-16); weekly groups; family support; accreditation through youth award schemes; short break from the caring role (including residential and holiday programmes) and training.

Minority Ethnic service - The team aims to make our information and services accessible to carers and disabled people from minority ethnic communities through the work of multilingual Development Workers. Languages spoken within the team are: Urdu, Punjabi, Mandarin and Cantonese.

Welfare rights - The Welfare Rights service can help to: identify benefit entitlements; fill in benefit application forms; assist with wrong benefit decisions, including reconsiderations and representation at tribunals; help to maximise income. In the previous financial year, the team has supported people to claim more than £1.25 million in benefits people did not realise they were eligible for.

Direct payments support service - A Direct Payment is given by the Local Authority instead of support services to an individual who is eligible for community care support services. This allows the person to organise their own support by purchasing agency services or employing Personal Assistants. Direct Payments is one of the options of self-directed support.

Short breaks service - Carers should be able to take regular breaks from caring and have some time for themselves. This is sometimes called respite but many carer and disabled organisations prefer the term 'short breaks'. Short break provision can give carers a break from their caring role or can give the cared for or disabled person a chance to take a holiday in accessible accommodation. There are many different types of short breaks, ranging from sitter services to longer-term stays.