

# **CURRENT VOLUNTEER OPPORTUNITIES**

## **FOCUS (Friends Offering Carers Understanding and Support) Project**

Are you interested in becoming a Peer Mentor? Our FOCUS Project volunteers, also known as Peer Mentors, provide invaluable support to carers to achieve a goal in a 1-2-1 setting. You, the volunteer, the carer, and your line manager will agree on this goal and the activities to achieve it. You will be matched with a carer based on personality, interests, and availability. The project will take place over a year to ensure a solid, positive relationship is formed between yourself and the carer. Your line manager will always be available for any queries regarding this role.

## **Bi-Lingual Support**

Do you speak a language other than English? Bi-lingual Support volunteers are essential in supporting carers who are not fluent in English. These volunteers help us to identify and offer services to carers who might not have a high level of English, which is invaluable in our mission to support unpaid carers. Bi-lingual volunteers may help with regular groups, one-off events, advocacy support, and low-level interpretation for carers.

## **Community Carer Ambassador**

Are you someone with good knowledge of your community and a passion for helping unpaid carers? If so, our Community Carer Ambassador role might be the right fit for you. Community Carer Ambassadors help to identify carers, assist staff in running support, such as Carers Cafés, in their community, have a say in how we deliver our service, and become part of a team who makes Dundee a great place for carers to live.

## **Young Carer Ambassador & College Ambassador**

Are you a carer who would like to contribute to the support and awareness of young carers in your school, college, or local community? Through this role, you will assist in reducing the stigma around caring roles, improve knowledge and understanding of who young carers are, and improve their access to information, advice, and support. You will work with your school link worker or development worker to plan groups, recruit others to become Ambassadors, contribute to events run by staff, and engage with other carers.

## **Group Support Volunteer**

Are you someone who would like to support carer groups and help to develop ideas and activities? We have many different carer groups that have volunteer opportunities to become involved! Group Volunteers attend regular groups and provide peer support to carers through engaging and interacting with them, along with being a welcoming face for regular and new attendees. Adult and Youth groups provide an invaluable opportunity for carers to experience a supportive and understanding peer environment.

Please contact Alix Hill on 01382 200422 or email [alix.hill@dundecarerscentre.org.uk](mailto:alix.hill@dundecarerscentre.org.uk)