



Self-directed Support Service

Dundee and Angus

Your Support Your Choice

Angus



Self-directed Support

Self-directed Support gives everyone who needs social care services or support the opportunity to lead the life they choose within their own home and community, including children, adults and unpaid carers.

Option 1

You receive the funds (**Direct Payment**) to buy support yourself

Option 2

You choose the support you would like and it is arranged for you

Option 3

The Health and Social Care Partnership arrange support on your behalf

Option 4

A combination of Option 1, 2 or 3



Self-directed Support Service

The SDS team work across Dundee & Angus providing advice and guidance to disabled people and carers who are going through the SDS process. We can help you to understand your options and provide you with information so you can make an informed choice.

If you choose **Option 1, (Direct Payment)** we can help you with:

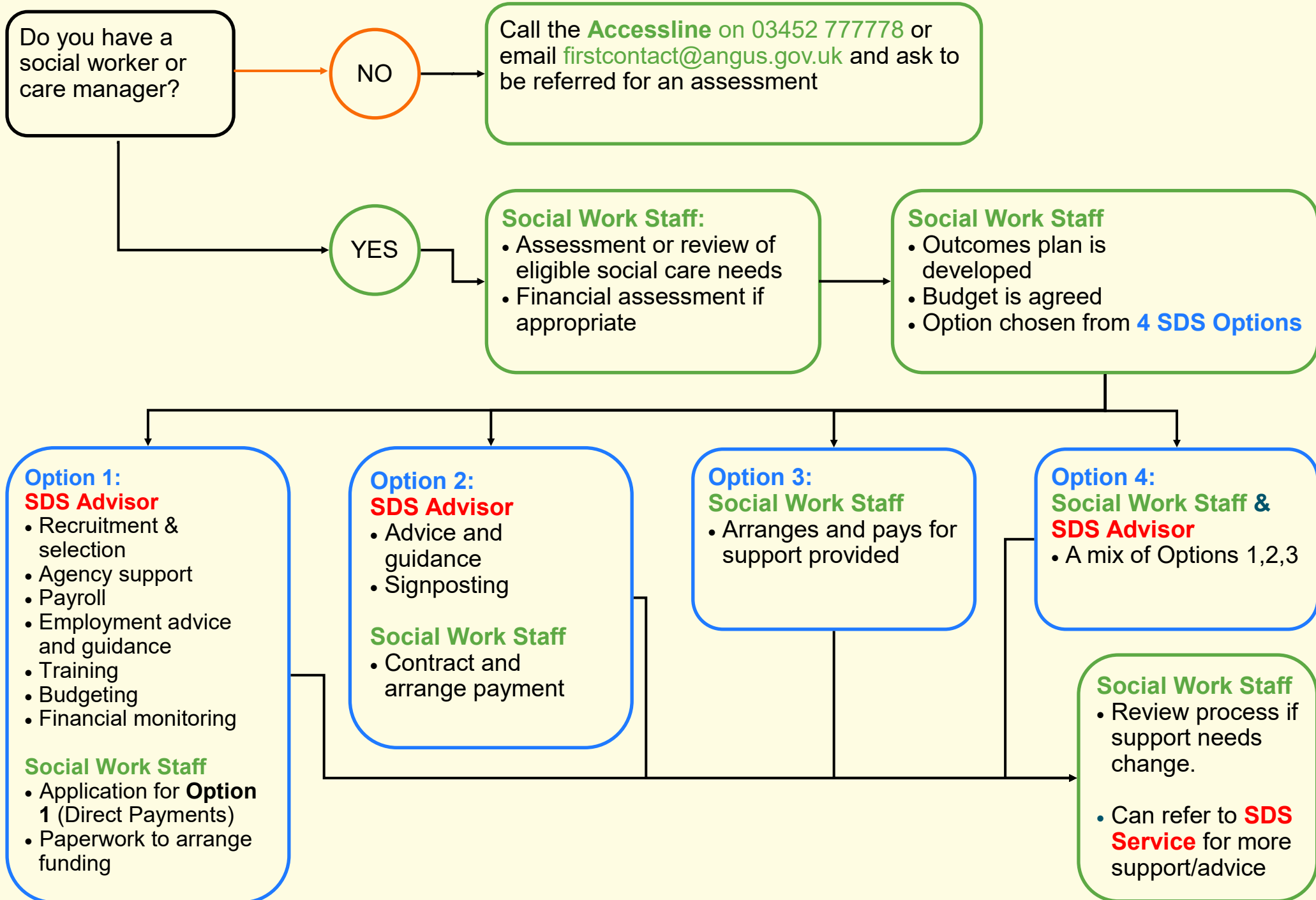
- ◆ Navigating the Direct Payment process
- ◆ Recruitment and selection
- ◆ Setting up as an employer
- ◆ Budgeting and calculating rates of pay
- ◆ Financial monitoring

If you choose one of the other Options, we can provide you with advice and guidance and signposting.



Self-directed Support Service

Dundee and Angus



Carers Budgets

Since the Carers (Scotland) Act 2016 was introduced, unpaid carers have the right to request an Adult Carer Support Plan or a Young Carers Statement. This plan allows you to think about what support you want and need in order to continue in your caring role.

If you are eligible, you may receive a Carers Budget in the form of a Direct Payment (Option 1), or be offered replacement care for the person you support through one of the 4 SDS Options.

SDS Advisors can support you with deciding which option works best for you and how to use your Carers Budget.

How do I request an Adult Carer Support Plan or Young Carers Statement?

If the person you care for is already receiving support, you can ask their Social Worker or Case Manager to complete an Adult Carer Support Plan or Young Carers Statement with you.

Alternatively, you can contact

ANGUS CARERS CENTRE on 01241 439157

Or the **ACCESSLINE on 0345 277 7778** for support with completing an ACSP or YCS.

Payroll Service

Dundee Carers Centre also has a Payroll Service for people who choose Option 1 (Direct Payment) to employ their own Personal Assistants and would like some support with managing payments.

The Payroll team are happy to discuss tailoring the service to your needs, but usually offer three levels of support to choose from:

- ◆ Basic Payroll Service
- ◆ Intermediate Support Service
- ◆ Third Party Money Management Service

For more information about any of these services, please contact us—our details are on the back page of this leaflet.

Other payroll services are available and the SDS advisors can discuss these options with you.





Dundee Carers Centre

Because We Care

**Please contact us if
you would like more information:**



www.dundecarerscentre.org.uk
www.sdsdundeeandangus.org.uk



Tel: 01382 200422



SDS Queries:

sds@dundecarerscentre.org.uk

Payroll Queries:

payroll@dundecarerscentre.org.uk



Self-Directed Support

Dundee Carers Centre

Seagate House, 132-134

Seagate, Dundee, DD1 2HB.

Dundee
Health & Social Care
Partnership


ANGUS
Health & Social Care
Partnership


The Scottish
Government

Company number SC160754. Scottish Charity number SCO24115

Mar 23