



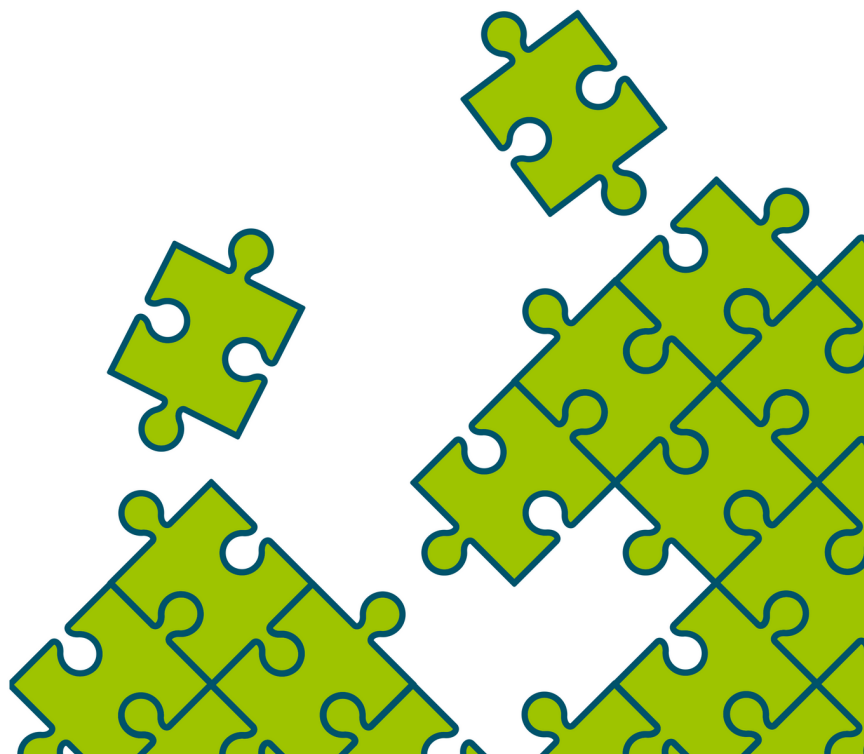
Dundee Carers Centre

*Because We Care*

# Volunteering Roles

2020 edition

Find your perfect fit





Thank you for thinking about volunteering with Dundee Carers Centre.

Volunteers are at the very heart of our organisation. You are the face in the community, the one who helps get our groups from A to B, the friendly face at our drop-in cafe and more!

We want to make sure that all of our volunteers enjoy their volunteering experience with us and that they have a chance to use their strengths and experience to enhance our work supporting carers and disabled people. Many of our volunteers are carers or have been carers themselves.

This booklet explains the different volunteering roles we have at the centre.

For more information, please contact Amy our Volunteer Co-ordinator.



# Volunteering Roles

## **Bi-Lingual Support**

Bilingual volunteers work alongside the Minority Ethnic Outreach Workers in a range of different areas. This can include helping out with regular groups, one-off events or providing some form of support to Minority Ethnic carers. The main purpose of the role is to provide assistance to the Minority Ethnic workers with translation where necessary. The support groups provided by the Centre afford an invaluable opportunity for carers to experience a supportive and understanding environment, and reduce the sense of isolation that many of them often feel.

## **Centre Ambassador**

Centre Ambassadors are the face of our organisation at community events, community centers and awareness raising events. They also work with our Communications Team to check that our information is out there and is up to date in various locations.

Our centre ambassadors role helps us cover the many events that happen all over Dundee so we can reach as many people as possible.

As we now work in localities there are opportunities for you to volunteer in your local area and maybe even be a part of developing what we do in your area.

## **Adult Group Helper**

We provide a range of groups for carers and we need people to help us run these groups. Duties include setting up at the start and tidying up after as well as being a welcoming face for new people and watching out for others who are quiet to help them engage.

## **Respite Volunteer**

Short Breaks volunteers have a valuable role in helping to promote the work of the service and raise awareness of carers' issues at a local level. Volunteers will be supported and encouraged to develop links and opportunities within local areas in conjunction with the Short Breaks team

## **Young Carers Group Support**

The support our Young Carers groups provide are an invaluable opportunity for carers ages 8-16, to experience a supportive and understanding environment, and to reduce the sense of isolation that can often be experienced as a result of the caring role. We run a variety of group activities for different ages including regular sessions and one-off holiday activities.



## **Volunteer Drivers**

Drivers can help with a variety of different activities as and when required. This could include responsibilities such as transporting young people to and from weekly support groups, driving a group of young carers on a holiday, programmed activity or transporting a group of adult carers on a walking trip.

You must let your insurer know if you use your own car in your volunteering role.

If you are looking to help us driving a mini bus you need to have the D1 entitlement on your driving license, and would be required to undertake Dundee City Council's minibus test if you have not already done so. A staff member will also be present on the bus to assist with the supervisory role regardless of the trip.

## **Community Fundraiser**

Fundraising is fun, rewarding and a great opportunity to meet new people. Moreover, community fund raisers have a valuable role in helping to raise money and to represent and promote the Centre's work within the community.

As Fundraiser you will work co-productively with the Community Fundraising Group to organize events and generate funds for the Centre.



## Peer Mentor

Peer mentors have a valuable role in working with carers of all ages to support them to be able to fully participate and engage in social and community life, for many carers this can be challenging to achieve due to a variety of factors.

Peer mentoring asks for a commitment of 1 year to ensure a positive relationship is built. The nature of this role is 1-2-1 support to achieve pre-determined goals that the carer has.

This will be done through planned fun and worthwhile activities that have been agreed upon by the carer, the peer support line manager and you, our peer mentor.

This role is working with both adult carers and young carers and you can choose which age group you would like to work with, or both!



# Accreditation

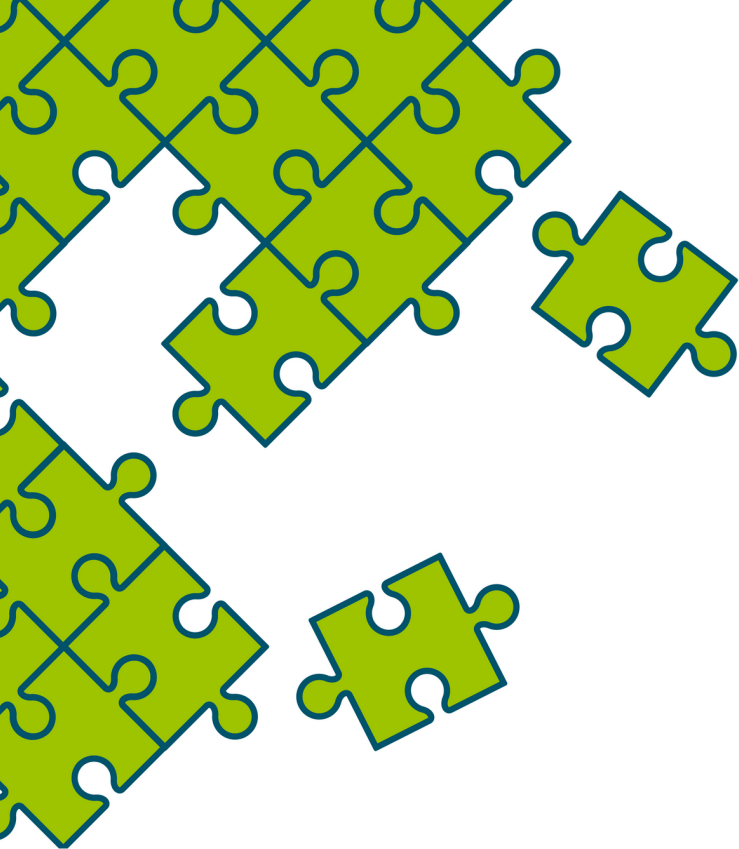
We offer all of our volunteers opportunities to gain accreditations on their volunteering. Our 2 main ones are the Adult Achievement Awards and the Saltire Awards.

## **Adult Achievement Awards**

Volunteers aged 16+ have an opportunity to take part in the Adult Achievement Awards. This is a nationally recognized qualification awarded through Napier University. We will support you to reflect on a subject and write about it to achieve this.

## **Saltire Awards**

Aged 12 - 25? Get recognized for your volunteering. Saltire is an online platform for volunteers to record their hours and gain certificates at certain landmark hours. We will help you enroll in this and add hours as needed as well as claim your certificates.



**To find out more about volunteering with us call  
Amy on 01382 200422 or email  
[Amy.O'Reilly@dundecarerscentre.org.uk](mailto:Amy.O'Reilly@dundecarerscentre.org.uk)**



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