

WHAT'S → SEPT 2026



Tuesday 1 September	Lifeline Group , 1.00pm to 3.00pm, Dundee Carers Centre, Contact: Carol 07712 856087
Wednesday 2 September	Peer Support Group for SDS Users , 12.30pm to 2.00pm, Dundee Carers Centre, Contact: Libby 01382 200422
Thursday 3 September	Lochee Connecting Carers Café , 10.30am to 12.30pm, The Friary, Contact: Laura 07733 070391
Thursday 3 September	Ardler Community Hub Drop-in , 11.30am to 1.30pm, Ardler Complex, Contact: 01382 200422
Friday 4 September	Men's Carers Club , 11.00am to 1.00pm, Craigowl Church, Contact: Ross 07768 348194
Friday 4 September	Coldside Drop-in , 10am to 12pm, Maxwell Centre, Carnegie St, Contact: Siobhan 07858 129771
Monday 7 September	Ferry Connecting Carers Café , 10.00am to 12.00pm, St Aidan's Church, Contact: Sofia 07776 379631
Monday 7 September	West End Library Drop-in , 10.30am to 12.30pm, Blackness Library, Contact: Virginia 07515 067075
Wednesday 9 September	Strathmartine Connecting Carers Café , 10.00am to 12.00pm, Craigowl Church, Contact: Virginia 07515 067075
Monday 14 September	West End Connecting Carers Café visit to Ninewells Community Garden If you wish to come along, please contact: Virginia 07515 067075
Monday 14 September	Creative Writing Group , 12.30pm to 2.30pm, Dundee Carers Centre, Contact: Sandra Kelbie 07553 257571
Tuesday 15 September	Lifeline Group , 1.00pm to 3.00pm, Dundee Carers Centre, Contact: Carol 07712 856087
Tuesday 15 September	East End Connecting Carers Café , 1.00pm to 3.00pm, Brooksbank, Contact: Kev 07712 856090
Thursday 17 September	Lochee Connecting Carers Café , 10.30am to 12.30pm, The Friary, Contact: Laura 07733 070391
Friday 18 September	Coldside Drop-in , 10am to 12pm, Maxwell Centre, Carnegie St, Contact: Siobhan 07858 129771
Monday 21 September	West End Library Drop-in , 10.30am to 12.30pm, Blackness Library, Contact: Virginia 07515 067075
Wednesday 23 September	Strathmartine Connecting Carers Café , 10.00am to 12.00pm, Craigowl Church, Contact: Virginia 07515 067075
Tuesday 29 September	North East Connecting Carers Café , 10.00am to 12.00pm, Families House, 20 Grampian Gardens, Dundee DD4 9QZ, Contact: Jaimie 07720
Tuesday 29 September	Happy Feet Walking Group , 10.00am to 2.00pm, Clatto Wooded Walk (meet at C-Gate), Contact: Siobhan 07858 129771



www.dundee carers centre.org.uk



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