

WHAT'S → AUG 2026



Monday 3 August	Ferry Connecting Carers Café, 10.00am–12.00pm, St Aidan's Church. Contact: Sofia 07776 379631
Monday 3 August	West End Library Drop-in, 10.30am–12.30pm, Blackness Library. Contact: Virginia 07515 067075
Tuesday 4 August	Lifeline Group, 1.00pm–3.00pm, Dundee Carers Centre. Contact: Carol 07712 856087
Wednesday 5 August	Peer Support Group for SDS Users, 12.30pm–2.00pm, Dundee Carers Centre. Contact: Libby 01382 200422
Wednesday 5 August	Broughty Ferry Library Information Stall, 10.00am–12.00pm, Broughty Ferry Library. Contact: Sofia 07776379631
Thursday 6 August	Lochee Connecting Carers Café, 10.30am–12.30pm, The Friary. Contact: Laura 07733 070391
Friday 7 August	Men's Carers Club, 11.00am–1.00pm, Craigowl Church. Contact: Ross 07768 348194
Monday 10 August	West End Connecting Carers Café, 10.30am–12.30pm, Blackness Library. Contact: Virginia 07515 067075
Monday 10 August	Creative Writing Group, 12.30pm–2.30pm, Dundee Carers Centre. Contact: Sandra Kelbie 07553 257571
Wednesday 12 August	Strathmartine Connecting Carers Café, 10.00am–12.00pm, Craigowl Church. Contact: Virginia 07515 067075
Monday 17 August	West End Library Drop-in, 10.30am–12.30pm, Blackness Library. Contact: Virginia 07515 067075
Tuesday 18 August	Lifeline Group, 1.00pm–3.00pm, Dundee Carers Centre. Contact: Carol 07712 856087
Tuesday 18 August	East End Connecting Carers Café, 1.00pm–3.00pm, Brooksbank. Contact: Kev 07712 856090
Thursday 20 August	Lochee Connecting Carers Café, 10.30am–12.30pm, The Friary. Contact: Laura 07733 070391
Monday 24 August	West End Library Drop-in, 10.30am–12.30pm, Blackness Library. Contact: Virginia 07515 067075
Tuesday 25 August	Happy Feet Walking Group Perth North Inch, 10.00am–2.00pm, Contact: Siobhan 07858 129771
Tuesday 25 August	North East Connecting Carers Café, 10.00am–12.00pm, Families House, 20 Grampian Gardens, Dundee DD4 9QZ. Contact: Jaimie 07720 824834 (Date
Wednesday 26 August	Strathmartine Connecting Carers Café, 10.00am–12.00pm, Craigowl Church. Contact: Virginia 07515 067075
Monday 31 August	West End Library Drop-in, 10.30am–12.30pm, Blackness Library. Contact: Virginia 07515 067075



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